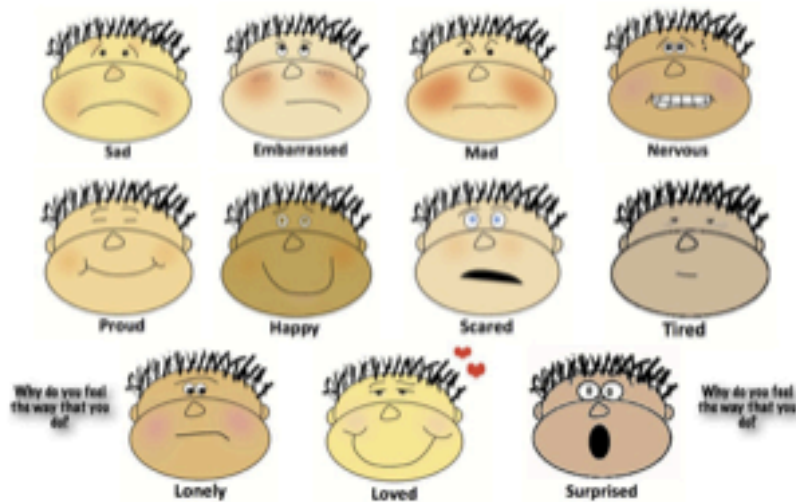


My Reflection

Circle the emotion(s) that I am feeling.

How are you feeling in PE today? Can you identify which emotion below?



Why are you feeling the way that you do?

Why were you sent on a 'reflective walk' today in PE?

What are some actions that you can improve upon?